

**Wistinghausen Warrior 5k (Run or Walk)**

**Race Date: Sat. Dec. 16**

**Race Time: 9 AM Walkers please start in the back. Package pick up 7:30-8:30 AM**

**Race Route: Begins at St. Ann School and the 5k race goes through the neighborhoods near the school**

**Cost:\$25 (includes a tshirt) Proceeds to Wistinghausen Family**

**Checks made payable to: St. Ann School**

**Medals for female, male and age brackets! 11 under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & up.**

**Overall: male and female (run and walk) Masters(over 55): male and female**

I hereby acknowledge that there are risks associated with my participation. By signing below, I agree that I am assuming the responsibility and liability for all risks. I also agree that by signing I am releasing St. Ann's school and any and all parties involved from any claim from injury or damages. I hereby covenant not to sue for any damages or injuries. In the event that there is any claim made as a result of my participation that involves St. Ann's School, or any other individual or entity associated in any way with Wistinghausen Warrior 5K, I agree to fully indemnify and hold them harmless from all claims for damages and also all attorney fees, expenses and costs. If I have signed this WAIVER AND LIABILITY RELEASE & INDEMNIFICATION AGREEMENT on behalf of a minor, it is my intent to bind both myself and that person to the terms of this agreement.

**Name: \_\_\_\_\_ Sex \_\_\_\_\_ Birthday \_\_\_\_\_ Age \_\_\_\_\_**

**Shirt Size: \_\_\_\_\_ Address: \_\_\_\_\_**

**Phone: \_\_\_\_\_ Email \_\_\_\_\_**

**Please check one: Running: \_\_\_\_\_ Walking: \_\_\_\_\_ Shirt only \$15 \_\_\_\_\_**

**Mail forms to: St. Ann School, Attn: Race Director, 800 W. 13th St., Cadillac, MI  
Or Email: W12warriors@yahoo.com**